

WINTER NEWSLETTER 2010 MONMOUTH MILITIA

Starting Saturday January 16th 2010 from 11:30am to 1pm! Training will take place at Frozen Ropes BRAND NEW INDOOR TRAINING FACILITY in Tinton falls NJ featuring a full size 50/70 infield. The training sessions will be 90 MINUTES for 10 weeks every Saturday 11:30am to 1pm. Pro Trainer Ryan Lotito will be conducting the Winter Training Workouts which will include: Speed, Strength, Agility, Quickness Training, Elite baseball instruction covering hitting, fielding, throwing, pitching, catching, base running & the mental aspect of the game. The training does not stop there. The kids will also take part in live 50/70 scrimmages preparing them ideally for the upcoming Spring 50/70 season.

BE SURE NOT TO MISS THIS ELITE WINTER TRAINING SESSION THAT WILL HAVE YOUR CHILD PREPARED MORE THAN EVER TO COMPETE WITH CONFIDENCE IN BASEBALL & BEYOND.

Not only as a player has Pro Trainer / Coach Ryan Lotito won championships from his youth to college and beyond but NOW he is sharing his knowledge of sports training and coaching with children throughout the area. He has worked with hundreds of kids in the area coaching youth championship teams & providing top notch private training and with proven results and a consistent track record your child will soar to new heights under his sports training guidance.

The total cost is \$350 for 15 hours of SPORTS PERFORMANCE TRAINING & ELITE BASEBALL INSTRUCTION. Please keep in mind that 15 hours of this type of training could cost \$1,600+ and in a BRAND NEW FULL SIZE INDOOR FACILITY. This is such a steal I would hate to see anyone miss it. COME JOIN THE FUN THIS WINTER. SEE YOU THERE!



MONMOUTH MILITIA 2010

Cal Ripken Tournament's

2009 USABL (10U) 1st place

COOPERSTOWN 2012



Best wishes for the New Year!
TEAM MILITIA



MONMOUTH MILITIA
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